

TEAM LIST 2009

| Team Name | Captain | Division | Team # (schedule) | Group # |
|--------------------------------------|----------------------|-----------|----------------------|------------|
| AC/DC (All Children Deserve Care) | Sonia Mullins-Forget | Sleeman | 48 | C |
| All Pho' CHEO | My Linh Phung | Bell | 15 | A |
| Autumn's Heart | Jessica Querry-Goski | Sleeman | 29 | A |
| BAP Ballerz | Beta Yadollahi | Bell | 21 | G |
| Berrigan's Hooligans | Sunjeev Prakash | Bell | 23 | B |
| Blitzkrieg | Cassandra Yantha | Rushforth | 22 | B |
| Body Smashers | Annick Duval | Bell | 4 | D |
| Broadway Teasers | Natalie Chartrand | Rushforth | 45 | D |
| CASCO | Isabelle Moo Sang | Sleeman | 10 | A |
| Chesterville | Nathan Crump | Rushforth | 31 | E |
| COA Army | Derek Carvill | Bell | 28 | G |
| Cocktail Hour | Julie Plourde | Bell | 11 | D |
| Consensual Sets | Michelle La Fleche | Rushforth | 43 | B |
| Court Crashers | Jennifer Seto | Bell | 24 | C |
| Cycozes | Melissa Eyre | Rushforth | 25 | D |
| Das Spike | | Bell | 1 | A |
| Dig UP Stupid | Jay Shah | Sleeman | 18 | F |
| Enterprise-Rent-A-Car | Ian Dale | Rushforth | 4 | B |
| Gee Wally Balls | Kim Pressacco | Bell | 26 | E |
| Get Diggy Wit It | Mike Perralta | Rushforth | 13 | E |
| Hammer'd and Spyk'd | Christal Lacombe | Sleeman | 20 | B |
| Here for the Beer | Barry Gaudet | Sleeman | 27 | E |
| Here for the Beers | Maggie Case | Sleeman | 37 | D |
| Herzing Heroes | Robin Karuna | Sleeman | 47 | C |
| Herzing Hurricanes | Robin Karuna | Sleeman | 46 | C |
| Hit Disturbers | Shannon Olson | Rushforth | 8 | A |
| I'd hit That | Justin Spec | Bell | 12 | E |
| Kinky Sets | Talia Sanford | Sleeman | 28 | E |
| Kiss My Smash!! | Morgan McAllister | Rushforth | 39 | A |
| Las Brisas | Jamie Chin | Bell | 14 | G |
| Lemmings | Melanie Levert | Sleeman | 1 | C |
| Maplesoft Hawks | Mathieu Gauthier | Rushforth | 42 | C |
| Meat Balls | Natasha Joukovskaia | Bell | 30 | B |
| Meet the Blockers | Sandra Dykxhoorn | Bell | 5 | E |
| Mr. Bill | Bill Plain | Bell | 31 | C |
| Net Assets | Lori Disotell | Rushforth | 12 | D |
| Notorious D.I.G. | Melissa Yip | Bell | 13 | F |
| OVERKILL | Pamela Claessen | Sleeman | 6 | A |
| Papa Pinga's | Marc Giroux | Bell | 25 | D |
| Rogers Radio | Andrew Leung | Sleeman | 14 | D |
| Safe Sets | Eric Gauthier | Sleeman | 2 | D |

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| Sand Crabs | Darin McGuinty | Sleeman | 26 | E |
| Sand Rats | Scott Buckley | Bell | 9 | B |
| Sand Techs | Kevin Alemany | Rushforth | 36 | D |
| Served with Fries | Lorina Mahon | Rushforth | 35 | B |
| Set Shorty | Ashley Larocque | Bell | 18 | D |
| Sets on the Beach | Erika MacDonald | Rushforth | 19 | C |
| Setually Frustrated | Chris Robblee | Sleeman | 9 | D |
| Sloppy Sets | Christa Bruce | Rushforth | 38 | C |
| SMASH | Erel Ortacdag | Rushforth | 15 | D |
| Smash my ass | France Paquette | Bell | 8 | A |
| Smells Like Sets | Serge Yrigoyen | Bell | 16 | B |
| Sorry for Partying! | Elizabeth Robinson | Rushforth | 44 | E |
| Spank you much | | Bell | 29 | A |
| Spike Kings | Don King | Rushforth | 11 | C |
| Spiked Drinks | Patrick Redstone | Bell | 10 | C |
| Suns of Beaches | Chris Gay | Rushforth | 24 | A |
| Sunsets | Isabelle LeBlanc | Sleeman | 16 | F |
| Supersonic | Tim Wilson | Rushforth | 3 | A |
| Team Bling | Tim Levans | Bell | 22 | A |
| Team HRrrrrr1 | Guy De Montigny | Sleeman | 7 | B |
| Team HRrrrrr2 | Michele Megson | Sleeman | 49 | B |
| Team Tequila | Tina Lalonde | Bell | 7 | G |
| The Ball Stompers | Christal Lacombe | Sleeman | 21 | B |
| The Court Jesters | Na Ree Gilbert- Lesieur | Sleeman | 40 | F |
| The Enforcers | Marie Dicquemare | Sleeman | 33 | F |
| The Heat | Ken Home | Sleeman | 41 | A |
| The Super Heroes | Jacynthe Dubuc | Rushforth | 32 | A |
| The Ugly Sculpins | Tracy Irven | Bell | 17 | C |
| Toad Ninjas | Justin Swan | Bell | 3 | C |
| Toys4Boys | Mark Holleron | Rushforth | 23 | E |
| Unprotected Sets | Richard Potter | Sleeman | 30 | E |
| Victorious Secret | Hedy Lau | Bell | 19 | E |
| Volley Hoes | Peter Lindstrom | Bell | 6 | F |
| Volleyball Crashers | Sunita Patel | Rushforth | 34 | E |
| We Need Sets | Belinda Briones | Rushforth | 17 | B |
| Will Work for Sets | Robert Vogrig | Bell | 20 | F |
| Won't Take Long | Sylvia Dworschak | Rushforth | 5 | C |
| WWJD | Christina George | Bell | 2 | B |
| You Know Who | Mark Daniels | Bell | 27 | F |